



FAMILY * COMMUNITY * ADVOCACY * LEADERSHIP * CHANGE

Family Continuity is a private, non-profit mental health and social services agency that has been helping Massachusetts families from hub offices in Peabody, Hyannis, Plymouth, Lawrence, Whitinsville and Worcester for more than a quarter century. With a comprehensive array of programs, our portfolio of services encompasses community and home-based services, crisis intervention programs, as well as outpatient clinics providing individual and family therapy.

Outpatient Mental Health Clinics

Family Continuity’s Outpatient Mental Health Clinics utilize an eclectic, strengths-based individual- and family-centered approach that addresses the psychological and psychiatric needs of families and individuals. Services are provided at the clinic or in the home. Treatment plans are individualized to each family or individual’s needs.

Clinic Locations

- Peabody
- Hyannis
- Lawrence
- Plymouth
- Whitinsville
- Worcester

Children’s Behavioral Health Initiative (CBHI) Services

In-Home Therapy (IHT)

IHT Services are structured, consistent, strength-based therapeutic relationships between a licensed clinician and paraprofessionals and the youth and family for the purpose of treating the youth’s behavioral health needs. Work is done to improve the family’s ability to provide effective support for the youth to promote his/her healthy functioning within the family. Interventions are designed to enhance the family’s capacity to improve the youth’s functioning in the home and the community and may prevent the need for the youth’s admission to an inpatient hospital, psychiatric residential treatment facility or other treatment setting.

Service Locations

- Peabody
- Hyannis
- Lawrence
- Plymouth
- Whitinsville
- Worcester

Family Support & Training

Services are provided to parents/caregivers of a youth under age 21 in any setting where the youth resides. The staff, known as Family Partners, provides a structured, one-to-one, strength based relationship between themselves and the parent/guardian. The purpose of this service is to resolve and ameliorate the youth’s behavioral and emotional needs by improving the parents’/guardians’ capacity to parent effectively.

- Hyannis
(Including the Cape & Islands)

Therapeutic Mentoring

Therapeutic mentors work one-on-one with a child or youth who, because of their behavioral-health needs, require support and coaching to learn social skills, including better ways to communicate and get along with others. Services are provided in any setting where the youth resides (including foster homes and therapeutic foster homes) and in other community settings such as schools, child care centers, respite settings and other culturally and linguistically appropriate community settings.

- Peabody
- Hyannis
- Lawrence
- Plymouth
- Whitinsville
- Worcester

Outpatient Therapy

See outpatient mental health clinics above for program description.

Available at all Clinic Locations

**FOR MORE INFORMATION CONTACT
1-866-219-3320 or visit www.familycontinuity.org**

Family/Community Based Services

Community Support Program (CSP)

CSP is a short term voluntary program which provides intensive case management services to individuals who are considered to be “at risk” within the community. This program offers a single point of contact for coordination and follows up on a person’s individual care. CSP counselors are flexible and support individuals in their community. Individuals must have an Axis 1 Mental Health Diagnosis to receive services.

Service Locations

Peabody
Hyannis
Lawrence
Plymouth
Whitinsville
Worcester

Cultural Broker Program Community Support Program

This program is a short term voluntary service which provides intensive case management services to refugees from other countries who are considered to be “at risk” within the community, i.e. someone who has a disorder that either required hospitalization or resulted in serious impairment with a risk of hospitalization. CSP services are used to prevent hospitalization. The person receiving the service must have a mental health issue (PTSD, Major Depression, Anxiety, Bipolar Disorder, ADHD, Schizophrenia, Eating and Sleeping Disorders, etc.) that presents an obstacle to achieving their goals independently.

Peabody
Worcester

Department of Corrections Women’s Services Program

The DOC Women’s services program is offered under an agreement with the Massachusetts Department of Corrections and provides specialized services to female inmates at MCI Framingham and the South Middlesex Correctional Center. The program offers a fluid series of short term rehabilitation programs designed to help women with reentry to community life and issues that have contributed to their past criminal behavior. The program consists of short and long-term psycho-educational groups that explore several areas found to be critical to a successful return to community and family life.

Whitinsville
Worcester

DCF Supervised Visitation

This is an enhanced program providing not only safe supervision for visitations, but also safety assessments and parent mentoring. Mentored visits occur in the presence of a trained mental health professional whose primary role is to not only observe the interaction between the parent and the child, but also to take an active part in improving the relationship.

Hyannis

DCF Support & Stabilization Services

This program provides support for children and families where child protective concerns have resulted in DCF involvement, but where the child remains in the home. The family receives active support from a team of clinicians and mentors to prevent family disruption, while assuring the children’s safety. The service includes in-home and community therapy, youth and parent mentoring toward development of improved parenting skills.

Hyannis, Lawrence
Peabody
Plymouth, Whitinsville
and Worcester

DDS Individual Support Services

This program provides a community-based, clinical approach to services for children and adults with disabilities and their families, supporting them to help children avoid out-of-home placements and obtain and maintain skills to maximize functioning in the community.

Hyannis

DMH Family Systems Intervention

Our diverse outreach program has varying levels of intensity that provides support to children and young adults with mental illness and their families. The purpose of the program is to help families and youth develop the skills and supports they need to promote family cohesion, successful community living and to improve their overall quality of life. Services are provided in the family’s home or in the community and are individualized to each family’s needs.

Hyannis
Lawrence

DMH Individual Youth Support

Therapeutic support services are offered to provide psycho-education and therapeutic activities to youth that focus on social and emotional skill building, community integration, and educational and vocational preparation. Support is designed to provide youth with opportunities to build skills, self esteem, and confidence in their communities.

Hyannis
Lawrence

DMH Group Youth Support

Services are offered in a small group atmosphere to provide psycho-education and therapeutic recreation activities to groups of youth that focus on social and emotional skill building, community integration, and educational and vocational preparation. Groups are designed to provide youth with opportunities to build skills, self esteem, and confidence in their communities.

Hyannis
Lawrence

Urgent Outpatient Care

MBHP members presenting with urgent care needs, but not in need of hospitalization or screening, can make a referral through our Peabody Mental Health Clinic. Urgent care is designed for a behavioral health need that is not of an emergent nature, but without intervention will likely lead to decompensation of the member.

Peabody