

## Care Coordination

Family Continuity provides Care Coordination through In-Home Therapy, Outpatient Therapy and Therapeutic Mentoring, and can access Family Support and Training and Behavior Management Therapy and Monitoring.



## Insurances Accepted



For MassHealth Children's Behavioral Health Initiative (CBHI) Services~

- MBHP
- **BMC HealthNet Plan**
- Network Health
- **NHP/Beacon**
- Fallon



Supporting family success in every community.

**Serving families from five Massachusetts hubs ~**

**Beverly/Peabody  
Hyannis  
Lawrence  
Plymouth  
Whitinsville/Worcester**



**Providing the following**

**CBHI Services**

***In-Home Therapy***

***Outpatient Therapy***

***Therapeutic Mentoring***

**Family Continuity**

**Toll-Free: 866-219-3320  
www.familycontinuity.org**

### **In-Home Therapy (IHT)**

*In-Home Therapy is a voluntary service for families that provides intensive therapy for a child and family to treat the child's behavioral health needs and help the family support the child in the home.*

**In-Home Therapy** is provided in any setting where the child is located and is best suited to meet the family's needs.

The In-Home Therapy clinician develops a structured and strength-based therapeutic relationship with the youth and family. This relationship is essential in treating the youth's behavioral health needs and improving the family's ability to provide effective support for the youth to promote healthy functioning within the family.

### **Outpatient Therapy**

**Outpatient Therapy** is intended to help individuals, couples, or families experiencing difficulty adjusting to daily life and mental health concerns. Family Continuity staff offers convenient, accessible clinic-based times for appointments, including evening hours.

Family Continuity provided services to over 6,000 families in more than 200 communities in the past year.

### **Therapeutic Mentoring (TM)**

*Therapeutic Mentoring services provide a child with a one-on-one relationship with a therapeutic mentor to support and coach the child to learn daily living skills, social skills, and better ways to interact with both peers and adults.*

**Therapeutic Mentoring** Services are provided to youth in any setting where the youth resides, such as the home (including foster homes) and in other community settings (e.g., school, child care centers, respite settings and other culturally and linguistically appropriate community settings). Therapeutic Mentoring is designed to enhance the progress of treatment outcomes of the family's treatment plan through the Individual Care Plan (ICP).



Family Continuity has been providing home-based services for over 25 years.

### **Who is Eligible for Children's Behavioral Health Initiative (CBHI) Services?**

CBHI services are available to children and adolescents under the age of 21 who reside in Massachusetts and are eligible for MassHealth, the Massachusetts Medicaid program; are diagnosed with a serious emotional, behavioral or psychiatric condition meeting the federal definitions of serious emotional disturbance (SED); and are determined through a mental health evaluation to need home-based services.

*To self-refer or to make a referral for CBHI services, or any Family Continuity services, or for additional information, please call our*

**Toll-Free  
Information Line at**

**1-866-219-3320**

*This line is answered from 8:00am to 4:00pm Monday through Friday. Any messages left during off-hours will be returned promptly on the next business day.*